

## U.S. VISA VACCINATION CHECKLIST

### Adults (aged 19 and over)

NAME

DATE OF BIRTH

**For the attention of the general practitioner:** Check the presence of the name and date of birth; update vaccinations and record them in the right-hand column with the date indicated; Sign and stamp each.

		VACCINE NAME, DATE OF VACCINATION, SIGNATURE AND STAMP
Diphtheria, tetanus, pertussis	<b>To get a booster if you have not had one in the past 10 years.</b> If you have ever been vaccinated against pertussis the booster does not need to include it.	
POLIO	Provide proof of 3 doses of Polio. If this is not the case, you should have had a Polio vaccine in the last 12 months. Special case - you need to have had a polio vaccination booster within the last 4-52 weeks if you live or have spent more than 4 weeks in certain countries designated as at high risk. You must consult the list of all current countries affected on the CDC website: <a href="https://www.cdc.gov/immigrant-refugee-health/hcp/panel-physicians/polio-addendum.html">https://www.cdc.gov/immigrant-refugee-health/hcp/panel-physicians/polio-addendum.html</a> .	
Hepatitis B	<b>If under 60 years old.</b> 3 doses – the second on D+1 month and third on D+6 months. At least one vaccine before the visit.	
Rubella, mumps, measles (MMR)	<b>To do if you were born from 1957 onwards.</b> At least 1 before the visit. If there is no written proof of vaccination, you should get vaccinated or have a blood test to see if you are immune to the 3 diseases. Ask your doctor for a prescription. If you are only immune to 1 or 2 of these diseases, you must be vaccinated again with MMR. Individual vaccines do not exist. A history of rubella, mumps, measles is not enough as proof. <b>Contraindicated vaccine in pregnancy</b>	
Chickenpox Varicella	If there is no written proof of vaccination, you should get vaccinated or have a blood test to see if you are immune. Ask your doctor for a prescription. A history of chickenpox will only suffice if you have the date noted by a doctor. <b>Contraindicated vaccine in pregnancy</b>	
Seasonal flu	The vaccine is mandatory <b>during the flu season</b> or as long as the vaccine remains available in pharmacies. Check availability with your pharmacist.	
Pneumococcus	The pneumococcal vaccine is <b>mandatory from the age of 65</b> . U.S. Centers for Disease Control (CDC) calls for first vaccination with PCV20 pneumococcal vaccine	