

U.S. VISA VACCINATION CHECKLIST

NAME

DATE OF BIRTH

For the attention of the general practitioner: Check the presence of the name and date of birth; update vaccinations and record them in the right-hand column with the date indicated; Sign and stamp each.

		VACCINE NAME, DATE OF VACCINATION, SIGNATURE AND STAMP
Diphtheria, tetanus, pertussis and polio	<p>To get a booster if you have not had one in the past 10 years. If you have ever been vaccinated against pertussis the booster does not need to include it.</p> <p>POLIO special case - you need to have had a polio vaccination booster within the last 4-52 weeks if you live or have spent more than 4 weeks in certain countries designated as at high risk. You must consult the list of all current countries affected on the CDC website.</p>	
Hepatitis B	<p>If under 60 years old. 3 doses – the second ON D+1 month and third on D+6 months. At least one vaccine before the visit.</p>	
Rubella, mumps, measles (MMR)	<p>To do if you were born from 1957 onwards. At least 1 before the visit. If there is no written proof of vaccination, YOU should get vaccinated or have a blood test to see if you are immune to the 3 diseases. Ask your doctor for a prescription. If you are only immune to 1 or 2 of these diseases, you must be vaccinated again with MMR. Individual vaccines do not exist. A history of rubella, mumps, measles is not enough as proof. Contraindicated vaccine in pregnancy</p>	
Chickenpox Varicella	<p>If there is no written proof of vaccination, you should get vaccinated or have a blood test to see if you are immune. Ask your doctor for a prescription. A history of chickenpox will only suffice if you have the date noted by a doctor. Contraindicated vaccine in pregnancy</p>	
Seasonal flu	<p>The vaccine is mandatory during the flu season early October to late January or as long as the vaccine remains available in pharmacies. Check availability with your pharmacist.</p>	
Pneumococcus	<p>The Pneumococcal vaccine is compulsory from the age of 65. The US Center for Disease Control (CDC) requests vaccination with the Pneumococcal PCV20 for all adults 65 years or older.</p>	